Integrating a Palliative Approach to care by having Conversations Early

# Identification Worksheet

Vancouver Coastal Health
*Promoting wellness. Ensuring care.*

**Identification Tools**

| | Surprise question? | Frailty Scale | Supportive and Palliative Care Indicator Tool (SPICT) General Indicators | | | | | | Supportive and Palliative Care Indicator Tool (SPICT) Clinical Indicators | Priority for needing goals of care clarified (Low, Medium, High) |
|---|---|---|---|---|---|---|---|---|---|---|
| **Patient/ Resident Name** | **Yes/ No/ Uncertain** | **Low Moderate High Risk** | **Has there been any unplanned hospitalization?** | **Is the patient/ resident in bed/ chair more than ½ day?** | **↑ Dependence on others for physical/ mental health needs?** | **↑ Weight loss over last 3-6 mos, low BMI?** | **Are there persistent symptoms?** | **Is the patient/ resident/ family asking for treatment withdrawal?** | **List patient/ resident's medical conditions or serious illness below** | **< 3 Low Risk<br>4-6 Medium Risk<br>> 6 High Risk** |
| | Yes/ No/ Uncertain | | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ _____ ☐ _____<br>☐ _____ ☐ _____ | |
| | Yes/ No/ Uncertain | | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ _____ ☐ _____<br>☐ _____ ☐ _____ | |
| | Yes/ No/ Uncertain | | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ _____ ☐ _____<br>☐ _____ ☐ _____ | |
| | Yes/ No/ Uncertain | | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ _____ ☐ _____<br>☐ _____ ☐ _____ | |
| | Yes/ No/ Uncertain | | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ _____ ☐ _____<br>☐ _____ ☐ _____ | |
| | Yes/ No/ Uncertain | | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ _____ ☐ _____<br>☐ _____ ☐ _____ | |
| | Yes/ No/ Uncertain | | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ _____ ☐ _____<br>☐ _____ ☐ _____ | |
| | Yes/ No/ Uncertain | | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ _____ ☐ _____<br>☐ _____ ☐ _____ | |
| | Yes/ No/ Uncertain | | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ _____ ☐ _____<br>☐ _____ ☐ _____ | |