

# SPRINT Implementation Collaboratives

SPReading Innovation in INTegrated Home and Community Care

## BACKGROUND

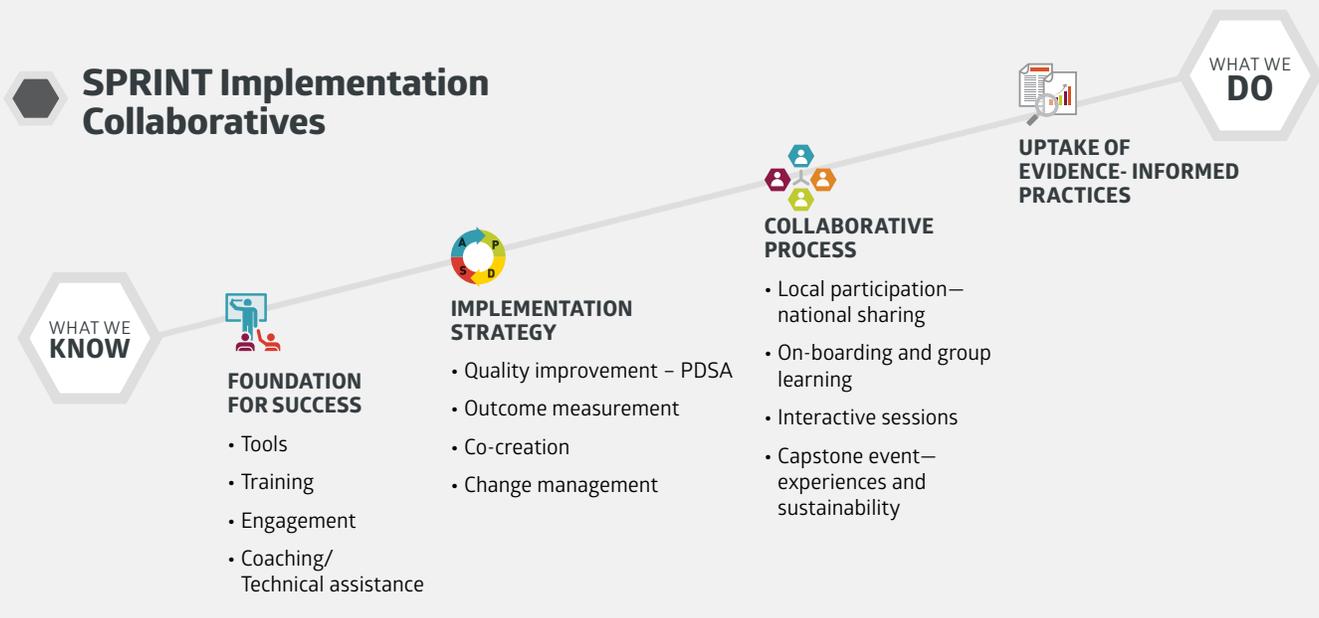
Home care is an essential part of an integrated health system that provides seamless patient- and family-centred care and supports for older adults living with frailty; those with complex, chronic disabling conditions; and individuals at the end-of-life. To achieve this goal, the Canadian Home Care Association is launching a rapid-cycle, evidence-based, collaborative program to support implementation of innovative and leading practices in integrated home and community care across the country.

CHCA SPRINT Implementation Collaboratives (SPRINT Collaboratives) engage organizations and local teams through a structured process to implement leading practices, test new approaches, enhance quality improvement capacity and create sustainable change that results in positive client/patient outcomes. Adapted from the Institute for Healthcare Improvement Collaborative Model for Achieving Breakthrough Improvement<sup>1</sup> and the evidence-based system for innovation support (EBSIS),<sup>2</sup>

SPRINT Collaboratives have been uniquely designed for home and community care providers. A key outcome for team participation in a SPRINT Collaborative is a working knowledge of implementation science, “the systematic uptake of evidence-based practices into routine practice to improve the quality and effectiveness of health services.”<sup>3</sup>

SPRINT Collaboratives provide tools, training, coaching/ technical assistance and ideas for participants to increase their knowledge and experience in:

- applying quality improvement methodology (plan-do-study-act [PDSA]);
- using measurement techniques to evaluate current state and track outcomes;
- employing engagement strategies to co-create new concepts with multiple stakeholders; and
- designing and implementing effective and lasting change management strategies.



<sup>1</sup> The Breakthrough Series: IHI's Collaborative Model for Achieving Breakthrough Improvement. IHI Innovation Series white paper. Boston: Institute for Healthcare Improvement; 2003. Available from: [www.IHI.org](http://www.IHI.org)

<sup>2</sup> Wandersman A, Chien VH, Katz J. Toward an evidence-based system for innovation support for implementing innovations with quality: tools, training, technical assistance, and quality assurance/quality improvement. *Am J Community Psychol.* 2012;50(3-4):445-450. doi: 10.1007/s10464-012-9509-7.

<sup>3</sup> Eccles MP, Mittman BS. Welcome to implementation science. *Implementation Sci.* 2006;1:1. doi: 10.1186/1748-5908-1. [CrossRef] [Google Scholar]